



M.S.G.

We Only Use 100% Vegetable Oil,
No Fat, No Cholesterol



Chicken w. Mixed Vegetable



Kung Po Chicken



Pepper Steak w. Onion



Hot & Spicy Shredded Beef



Happy Family



Chinese Mixed Vegetables



Sesame Chicken

MAIN WAH KITCHEN 5

Finest Chinese Food
Eat in or Take Out

We Use
Microwavable
Containers



(Min: \$8.00)

Manchester Parkade
(Near Home Good, Radio Shack & Blockbuster Video)
402 West Middle Turnpike
Manchester, CT 06040

Tel.: (860)645-6511
Fax: (860)645-6518

OPEN HOURS

Mon. - Wed.: 11:00 am - 10:00 pm
Thurs. - Sat.: 11:00 am - 11:00 pm
Sunday: 11:30 am - 10:00 pm



Manchester.com
Festive Delight

HOUSE SPECIALTIES

	Plain (Solo)	w. French Fries (Con Papas Fritas)	w. Roast Pork or Chicken Fried Rice (Con Arroz Cerdo)	w. Shrimp or Beef Fried Rice (Con Arroz Carne De Res)	Fried Bamana (Tostenes)
Fried 1/2 Chicken (1/2 Pollo Frito)	3.20	4.35	4.75	5.25	5.25
Fried Chicken Wings (5) (Alas Frita De Pollo)	3.20	4.35	4.75	5.25	5.25
Fried Jumbo Shrimp (5) (Camarones Frito)	4.65	5.65	6.15	6.65	6.65
Fried Scallops (10)	3.20	4.35	4.75	5.25	5.25
Fried Crab Meta Stick (5) (Cocolia Frito)	3.20	4.35	4.75	5.25	5.25
Fried 21 Baby Shrimp (Camarones Bebe Frito 21)	4.65	5.65	6.15	6.65	6.65
Teriyaki Beef or Chicken (4)	4.65	5.65	6.15	6.65	6.65
Fried Whiting Fish (Pescado Frito)	3.20	4.35	4.75	5.25	5.25
French Fries (Papas Frita)	(S) 1.50	(L) 2.40			

APPETIZERS

1. Roast Pork Egg Roll	1.10
1a. Spring Roll (2)	1.95
2. Shrimp Egg Roll	1.25
3. Fried Banana (Tostenes)	2.95
4. Bar-B-Q Spare Ribs	(S) 5.75 (L) 10.75
5. Teriyaki Beef	(S-3) 3.75 (L-6) 7.15
5a. Teriyaki Chicken	(S-3) 3.30 (L-6) 6.35
6. Shrimp Toast (2)	2.95
7. Fried Wonton (10)	2.95
7a. Crab Rangoon (8)	3.60
8. Pu Pu Platter (2)	11.25
9. Fried Chicken Finger	5.70
10. Boneless Ribs	(Sm.) 5.25 (Lg.) 9.75
11. Fried or Steamed Dumpling (8)	4.25
11a. Cold Sesame Noodles	3.95

SOUP (w. Fried Noodles)

	Pt.	Qt.
12. Wonton Soup	1.35	2.50
13. Egg Drop Soup	1.30	2.40
14. Wonton Egg Drop Soup	1.70	3.00
15. Chicken Noodle Soup	1.30	2.40
16. Chicken Rice Soup	1.30	2.40
17. Shrimp Rice Soup	2.25	3.95
18.* Hot & Sour Soup	1.85	3.50
19. Subgum Wonton Soup	5.50	
20. Roast Pork or Chicken Yat Gaw Mein	3.95	

FRIED RICE

	Pt.	Qt.
21. Vegetable Fried Rice	2.80	5.10
22. Roast Pork Fried Rice	3.15	5.65
23. Chicken Fried Rice	3.15	5.65
24. Shrimp Fried Rice	3.80	6.80
25. Beef Fried Rice	3.80	6.80
26. House Special Fried Rice	4.30	7.95
27. Lobster Fried Rice	4.50	8.25

CHOW MEIN (VEGETABLES)

(w. White Rice & Fried Noodles)

	Pt.	Qt.
28. Vegetable Chow Mein	3.10	5.60
29. Roast Pork Chow Mein	3.70	6.65
30. Chicken Chow Mein	3.70	6.65
31. Shrimp Chow Mein	4.10	7.75
32. Beef Chow Mein	4.10	7.75
33. Lobster Chow Mein	4.80	8.60
34. House Special Chow Mein	8.50	

CHOP SUEY (VEGETABLES)

(w. White Rice)

	Pt.	Qt.
35. Vegetable Chop Suey	3.20	5.70
36. Roast Pork Chop Suey	3.90	6.95
37. Chicken Chop Suey	3.90	6.95
38. Shrimp Chop Suey	4.35	7.95
39. Beef Chop Suey	4.35	7.95
40. Lobster Chop Suey	4.80	8.60

LO MEIN (Spaghetti)

	Pt.	Qt.
41. Vegetable Lo Mein	3.20	5.70
42. Roast Pork Lo Mein	3.70	6.65
43. Chicken Lo Mein	3.70	6.65
44. Shrimp Lo Mein	3.95	7.75
45. Beef Lo Mein	3.95	7.75
46. Lobster Lo Mein	4.80	8.60
47. House Special Lo Mein	4.60	8.50

MOO SHU (Served with 4 Pancakes) Per Order

48. Moo Shu Vegetable	6.95
49. Moo Shu Chicken or Pork	7.75
50. Moo Shu Beef	8.15
51. Moo Shu Shrimp	8.15

EGG FOO YOUNG

(w. White Rice)

Per Order

52. Vegetable Egg Foo Young	5.35
53. Roast Pork Egg Foo Young	5.65
54. Chicken Egg Foo Young	5.65
55. Shrimp Egg Foo Young	6.85
56. Beef Egg Foo Young	6.85
57. Lobster Egg Foo Young	6.95
58. Mushroom Egg Foo Young	5.35
59. House Special Egg Foo Young	6.95

BROCCOLI (w. White Rice)

Pt. Qt.

60. Chicken w. Broccoli	4.50	8.15
61. Roast Pork w. Broccoli	4.50	8.15
62. Shrimp w. Broccoli	4.95	9.15
63. Beef w. Broccoli	4.65	8.50
64.* Broccoli w. Garlic Sauce	3.95	6.50

SEAFOOD (w. White Rice)

Pt. Qt.

66. Shrimp w. Lobster Sauce	4.95	9.15
67. Shrimp w. Chinese Vegetables	4.95	9.15
68. Shrimp w. Curry Sauce	4.95	9.15
69. Shrimp w. Pepper & Tomato	4.95	9.15
70. Shrimp w. Bean Sprouts	4.75	8.75
71. Shrimp w. Black Bean Sauce	4.95	9.15
72. Shrimp w. Baby Corn & Snow Pea	9.15	
73. Shrimp w. Mixed Vegetables	9.15	
74. Shrimp w. Cashew Nuts	9.15	
75.* Kung Po Shrimp	9.15	
76. Scallops with Mixed Vegetables	9.75	
77.* Scallops with Garlic Sauce	9.75	
78.* Hunan Scallop	9.75	

CHICKEN (w. White Rice)

Pt. Qt.

80. Moo Goo Gai Pan	4.50	8.15
81. Chicken w. Pepper & Tomato	4.50	8.15
82. Chicken w. Bean Sprouts	4.50	8.15
83. Chicken w. Oyster Sauce	4.50	8.15
84. Chicken w. Snow Peas	4.50	8.15
86. Chicken w. Curry Sauce	4.50	8.15
87. Chicken with Cashew Nuts	8.15	
87a. Chicken w. Mixed Vegetable	8.15	
88.* Hunan Chicken	8.15	
89.* Kung Po Chicken	8.15	
89a.* Chicken w. Garlic Sauce	8.15	

ROAST PORK (w. White Rice)

Pt. Qt.

90. Roast Pork w. Bean Sprouts	4.50	8.15
91. Roast Pork w. Chinese Vegetables	4.50	8.15
92. Roast Pork w. Mushrooms	4.50	8.15
93. Roast Pork w. Oyster Sauce	4.50	8.15
94. Roast Pork w. Snow Peas	4.50	8.15

MEI FUN (w. Rice Noodles)

Order

95a. Vegetable Mei Fun	6.10
95b. Chicken or Roast Pork Mei Fun	6.75
95c. Beef or Shrimp Mei Fun	7.75
95d.* Singapore Mei Fun	8.50

BEEF (w. White Rice)		Pt.	Qt.
96.	Beef w. Bean Sprouts	4.65	8.50
97.	Pepper Steak w. Onion	4.65	8.50
98.	Pepper Steak w. Tomato	4.65	8.50
99.	Beef w. Chinese Vegetables	4.65	8.50
100.	Beef with Mushroom	4.65	8.50
101.	Beef w. Oyster Sauce	4.65	8.50
102.	Beef with Snow Peas	4.65	8.50
103.*	Hunan Beef	8.50	
104.*	Hot Spicy Beef	8.50	
104a.*	Beef w. Garlic Sauce	8.50	

SWEET & SOUR (w. White Rice) Per Order.			
105.	Sweet & Sour Pork	6.65	
106.	Sweet & Sour Chicken	6.65	
107.	Sweet & Sour Shrimp	8.95	

VEGETABLES (w. White Rice) Per Order			
108.	Chinese Mixed Vegetables	6.10	
109.	Sauteed Snow Peas	6.95	
110.	Sauteed Broccoli	6.10	
111.*	Szechuan Bean Curd	6.10	
112.	Bean Curd w. Scallion	6.10	
113.	Sauteed Green Vegetables	6.10	
114.	Bean Curd w. Mixed Vegetables	6.10	

REVOLUTION DIET

without: Salt, Sugar, Corn Starch, Oil

Choice One: White, Brown, *Garlic or *Hot Spicy Sauce
(Sauce Served on the Sides) (w. White Rice)

		(Calories)
D 1.	White Meat Chicken w. Broccoli and Baby Corn	7.50 (475)
D 2.	Jumbo Shrimp w. Broccoli, Water Chestnuts & Bean Sprouts	7.95 (450)
D 3.	Jumbo Shrimp & White Meat Chicken w. Snow Peas & Bean Sprouts	8.10 (500)
D 4.	Scallops & White Meat Chicken w. Broccoli & Bean Sprouts	8.10 (500)
D 5.	Scallops & Jumbo Shrimp w. Broccoli & Baby Corn	8.10 (500)
D 6.	Protein Trio of Scallops, Jumbo Shrimp & White Meat Chicken, with Snow Peas & Bean ..	8.75 (525)
D 7.	Mix. Veg (Broccoli, Snow Peas, Baby Corn, Bamboo Shoots, Mushroom & Chinese Veg.	6.25 (400)

SPECIAL DINNER COMBINATION PLATES

(All Served w. Pork Fried Rice & Egg Roll)
Served 7 Days

C 1.	Chicken Chow Mein	6.10
C 2.	Shrimp Chow Mein	6.25
C 3.	Chicken with Broccoli	6.50
C 4.	Beef w. Broccoli	6.50
C 5.	Shrimp w. Broccoli	6.75
C 6.	Sweet & Sour Pork	6.25
C 7.	Sweet & Sour Chicken	6.25
C 8.	Moo Goo Gai Pan	6.50
C 9.	Pork with Chinese Vegetables	6.25
C10.	Beef with Chinese Vegetables	6.50
C11.	Shrimp with Chinese Vegetables	6.75
C12.	Bar-B-Q Spare Ribs	7.25
C13.	Boneless Ribs	7.25
C14.	Pepper Steak with Onions	6.50
C15.	Shrimp with Lobster Sauce	6.75
C16.	Roast Pork Egg Foo Young	6.25
C17.	Roast Pork Lo Mein	6.25
C18.*	Kung Po Chicken	6.95
C19.	Sauteed Mixed Vegetables	6.10
C20.*	Shredded Beef Szechuan Style	6.95
C21.*	Sesame Chicken	7.10
C22.*	General Tso's Chicken	7.10
C23.*	Chicken with Garlic Sauce	7.10
C24.*	Shrimp with Garlic Sauce	7.10
C25.	Beef or Chicken Teriyaki (4)	7.10
C26.	Fried Chicken Wing (4)	5.80
C27.	Chicken & Shrimp	6.95

OUR CHEF'S SUGGESTION

(w. White Rice)

S 1.	SEAFOOD COMBINATION	11.25
<i>Fresh shrimp, scallops, lobster, crab meat sauteed with assorted Chinese vegetables.</i>		
S 2.	HAPPY FAMILY	11.25
<i>Lobster, shrimp, beef, white meat chicken, roast pork, straw mushroom and mixed vegetables.</i>		
S 3.	FOUR SEASONS	9.75
<i>Jumbo shrimp, chicken, lobster and roast pork with assorted vegetable in white sauce.</i>		
S 4.	LAKE TUNG TING SHRIMP	9.75
<i>Jumbo shrimp marinated with broccoli, mushroom, and bamboo shoots, baby corn in egg white sauce.</i>		
S 5.	BEEF AND SCALLOPS	10.25
<i>a Savory mix of beef steak and sea scallops with Chinese vegetables in brown sauce.</i>		
S 6.*	SESAME CHICKEN	8.95
<i>Chunks of chicken stir-fried with our chef's sesame seed and hot garlic sauce.</i>		
S 7.*	GENERAL TSO'S CHICKEN	8.95
<i>Chunks of chicken stir-fried with our chef's spicy hot sauce and steam broccoli.</i>		
S 8.	FOUR HAPPINESS	9.50
<i>a Delicious combination of beef, roast pork, chicken & shrimp with mixed Chinese vegetables.</i>		
S 9.	LEMON CHICKEN	8.95
<i>Boneless fried chicken and broccoli with lemon sauce.</i>		
S10.*	ORANGE FLAVOR CHICKEN	8.95
<i>Deep fried breaded chunks of chicken with broccoli in hot orange flavor sauce.</i>		
S11.*	SHRIMP WITH GARLIC SAUCE	9.25
<i>Jumbo shrimp with bamboo shoots water chestnuts, straw mushroom, red & green pepper, broccoli and onion in garlic sauce.</i>		
S12.	BONELESS CHICKEN	8.95
<i>Fried boneless chicken and mixed vogs. in brown sauce.</i>		
S13.	PHOENIX AND DRAGON	11.25
<i>Shrimp w. Chinese vegetables & white sauce and general tso's chicken</i>		
S14.	HAWAII CHICKEN	8.95
<i>Deep fried, bread chunk of chicken with steam broccoli and pineapple in sweet and sour sauce.</i>		
S15.*	SESAME OR GENERAL TSO'S SHRIMP	10.75
<i>Chunks of jumbo shrimp stir-fried with our chef's sesame seed and hot garlic sauce and steamed broccoli.</i>		



SIDE ORDERS

Plain Fried Rice	(Pt.) 1.50	(Qt.) 3.00
White Rice	(Pt.) 0.90	(Qt.) 1.75
Fried Noodles or Fortune Cookies (3)		0.25
Almond Cookies (3)		0.50
Soda	(Can) 0.75 (20 oz.) 1.35	(2 liters) 1.99

* HOT & SPICY .com

We Can Alter the Spicy According to Your Taste.



SPECIAL LUNCH PLATES

(Served Daily from 11:00 am to 3:00 pm)

All Luncheon Served w. Pork or Chicken Fried Rice or White Rice and Soda or Soup
(Wonton or Egg Drop or Chicken Rice or Chicken Noodles)

CHICKEN

L 1.	Chicken Chow Mein	4.65
L 2.	Chicken Lo Mein	4.65
L 3.	Chicken with Broccoli	4.65
L 4.	Moo Goo Gai Pan	4.65
L 5.	Sweet & Sour Chicken	4.65
L5a.	Chicken Egg Foo Young	4.65
L 6.	Chicken w. Cashew nuts	4.65
L6a.	Chicken w. Snow Peas	4.65
L 7. ♡	Chicken w. Garlic Sauce	4.65
L 8. ♡	Kung Po Chicken	4.65
L 9. ♡	Hunan Chicken	4.65
L10. ♡	General Tso's Chicken	4.65
L11. ♡	Orange Chicken	4.65
L12. ♡	Sesame Chicken	4.65
L12a	Chicken & Shrimp	4.65

PORK

L13.	Roast Pork Lo Mein	4.65
L14.	Roast Pork w Chinese Veg.	4.65
L15.	Roast Pork w. Broccoli	4.65
L16.	Sweet and Sour Pork	4.65
L16a	Roast Pork Egg Foo Young	4.65
L17. ♡	Roast Pork w. Garlic Sauce	4.65
L18.	B.B.Q. Spare Ribs	4.75
L19.	B.B.Q Boneless Ribs	4.75
L20.	Roast Pork w. Snow Peas	4.65

SEAFOOD

L21.	Shrimp Chow Mein	4.65
L22.	Shrimp w. Broccoli	4.65
L23.	Shrimp w. Chinese Veg.	4.65
L24.	Shrimp w. Lobster Sauce	4.65
L25.	Shrimp w. Cashew Nuts	4.65
L26. ♡	Shrimp w. Garlic Sauce	4.65
L27. ♡	Hot & Spicy Shrimp	4.65
L28. ♡	Hunan Scallops	5.35
L29. ♡	Scallops w. Garlic Sauce	5.35
L30.	Scallops w. Snow Pea Pods	5.35

BEEF

L31.	Beef w. Broccoli	4.65
L32.	Beef w. Chinese Veg.	4.65
L33.	Pepper Steak with Onion	4.65
L34. ♡	Hot and Spicy Beef	4.65
L35. ♡	Hunan Beef	4.65
L35a. ♡	Beef w. Garlic Sauce	4.65

VEGETABLES

(Choices White Rice or Vegetable Fried Rice)

L36.	Chinese Mixed Vegetables	4.65
L37.	Broccoli w. Garlic Sauce	4.65
L38.	Baby Corn and Snow Peas	4.65
L39.	Szechuan Tofu	4.65
L40.	Tofu w. Bean Sprouts	4.65
L41.	Bean Curd w. Mixed Vegetables	4.65

♡ **HOT & SPICY**

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MenuChest.com